

SIZING GUIDE WINTER UNIFORMS



SACRED
HEART
COLLEGE

SHIRTS (both girls and boys)

- A correctly fitted shirt sits with its shoulder seam on the edge of the shoulder.
- Sleeves must not be below crease of elbow.
- **The seam 2cms over the shoulder will provide adequate room for growth.**

SKIRTS

- The skirts are to be worn on the HIPS. The belt has two buttons to allow growth.
- A correctly fitted skirt will not pucker across the back or pleat down the side.
- Correct length is to the top of the knee.
- **If the skirt sits nicely with the button on the tighter position you will have room for growth.**

TROUSERS (Girls)

- Worn on the waist.
- A 2.5cm pinch of fabric will allow possible growth (this equals 5cms as the pinch is doubled).

TROUSERS (Boys)

- Worn above the hips. No low riding allowed.
- A 2.5cm pinch of fabric will allow possible growth. (this equals 5cms as the pinch is doubled).

BLAZERS (Girls and Boys)

- Shoulders – maximum 3cms wider than the student's shoulder
- Sleeve length should be sitting at the top of the thumb.
- The blazer should not form pleats running down the back from the shoulders, if pleats are visible it is too big.

BELTS (Boys)

- Belts should be fitted on the 2nd or 3rd hole from the end.
- **This allows for 5cms of growth before a new one is required.**